

**Low Alpine Mountain Marathon 2012**  
**ELITE DAY 1 38km 2050m Climb**

	Code	Grid Ref	Description
Start		989 355	
1	142	998 370	Stream Junction
2	101	023 384	Lochan Outlet
3	176	034 396	Crossing Point
4	104	033 422	Knoll
5	103	032 450	Re-entrant
6	109	079 473	Spur
7	116	096 484	Knoll
8	128	146 480	Bridge
9	131	154 459	Spur
10	152	187 428	Stream Bend
11	151	185 399	Bridge (NOT Unmapped Suspension Bridge)

Navigate to Bridge (N Side) FINISH - 164 383

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**Low Alpine Mountain Marathon 2012**  
**ELITE DAY 2 29.5m 2050m Climb**

	Code	Grid Ref	Description
Start		165 383	
1	140	168 354	Re-entrant
2	122	131 339	Spur
3	110	081 328	Stream Junction
4	106	053 314	Lochan
5	115	094 283	Summit
6	117	123 297	Stream Bend North Side
7	121	138 298	Crossing Point
8	123	144 296	Crossing Point

Navigate to FINISH - 153 304

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**COURSES CLOSE 16:00 YOU MUST BE BACK BY THEN**

**Low Alpine Mountain Marathon 2012**  
**A DAY 1 31.5km 1800m Climb**

	<b>Code</b>	<b>Grid Ref</b>	<b>Description</b>
Start		989 355	
1	175	993 367	Re-entrant
2	102	029 391	Re-entrant
3	176	034 396	Crossing Point
4	105	037 412	Re-entrant
5	108	077 459	Spur
6	114	092 464	Re-entrant
7	120	127 459	Track End
8	125	142 431	Spur
9	139	166 393	Re-entrant

Navigate to Bridge (N Side) FINISH - 164 383

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**Low Alpine Mountain Marathon 2012**  
**A DAY 2 24km 1700m Climb**

	<b>Code</b>	<b>Grid Ref</b>	<b>Description</b>
Start		165 383	
1	138	168 361	Stream Junction
2	134	161 339	Knoll
3	129	151 336	Stream Junction
4	113	090 315	Crag Foot in Re-entrant
5	111	083 307	Summit
6	117	123 297	Stream Bend North Side
7	121	138 298	Crossing Point
8	123	144 296	Crossing Point

Navigate to FINISH - 153 304

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**COURSES CLOSE 16:00 YOU MUST BE BACK BY THEN**

## Low Alpine Mountain Marathon 2012

### B DAY 1 26km 1750m Climb

	Code	Grid Ref	Description
Start		271 419	
1	173	273 444	Stream Bend
2	167	239 463	Stream Bend
3	157	201 479	Knoll
4	155	194 468	Spur
5	143	169 443	Summit
6	147	179 422	Spur
7	151	185 399	Bridge (NOT Unmapped Suspension Bridge)

Navigate to Bridge (N Side) FINISH - 164 383

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

## Low Alpine Mountain Marathon 2012

### B DAY 2 21km 1150m Climb

	Code	Grid Ref	Description
Start		165 383	
1	159	205 395	Re-entrant
2	158	204 375	Re-entrant
3	150	185 363	Lochan, West End
4	136	164 337	Spur
5	126	146 338	Col
6	118	125 309	Spur
7	124	142 305	Crossing Point
8	123	144 296	Crossing Point

Navigate to FINISH - 153 304

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**COURSES CLOSE 16:00 YOU MUST BE BACK BY THEN**

**Low Alpine Mountain Marathon 2012**  
**C DAY 1 22.5km 1400m Climb**

	Code	Grid Ref	Description
Start		080 281	
1	107	070 288	Stream Bend
2	106	053 314	Lochan
3	112	087 321	Stream Bend
4	119	127 322	Stream Junction
5	129	151 336	Stream Junction
6	140	168 354	Re-entrant
7	144	170 382	Bridge

Navigate to Bridge (N Side) FINISH - 164 383

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**Low Alpine Mountain Marathon 2012**  
**C DAY 2 18.5km 1200m Climb**

	Code	Grid Ref	Description
Start		165 383	
1	150	185 363	Lochan, West End
2	164	211 378	Knoll East Side
3	165	223 352	Re-entrant
4	160	210 336	Stream Fence Junction
5	154	194 306	Stream Bend
6	141	168 296	Knoll
7	133	161 299	Stream Bend
8	132	155 303	Gate

Follow tapes 400m to finish - 153 304

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

**COURSES CLOSE 16:00 YOU MUST BE BACK BY THEN**

## Low Alpine Mountain Marathon 2012

### D DAY 1 19km 1500m Climb

	Code	Grid Ref	Description
Start		080 281	
1	115	094 283	Summit
2	117	123 297	Stream Bend North Side
3	118	125 309	Spur
4	126	146 338	Col
5	134	161 339	Knoll
6	149	184 370	Knoll
7	144	170 382	Bridge

Navigate to Bridge (N Side) FINISH - 164 383

Visit all checkpoints in the order specified. Report any damage. You must report & hand in SI card at finish even if you retire.

## Low Alpine Mountain Marathon 2012

### D DAY 2 17km 1050m Climb

	Code	Grid Ref	Description
Start		165 383	
1	158	204 375	Re-entrant
2	162	214 352	Re-entrant
3	156	199 341	Spur
4	153	190 328	Stream Junction
5	146	179 313	Stream Junction
6	135	163 308	Between Knolls
7	132	155 303	Gate

Follow tapes 400m to finish - 153 304

Visit all checkpoints in the order specified. Report any damage. You

**Low Alpine Mountain Marathon 2012**  
**SCORE DAY 1 (7 HOURS, ANY ORDER)**

Code	Grid Ref	Description	Pts
	271 419	Start	
127	138 386	Stream Junction East Bank	15
125	142 431	Spur	30
130	153 416	Stream Junction	20
131	154 459	Spur	50
139	166 393	Re-entrant	20
140	168 354	Re-entrant	30
143	169 443	Summit	30
148	183 442	Stream Junction	20
149	184 370	Knoll	10
151	185 399	Bridge (NOT Unmapped Suspension Bridge)	10
152	187 428	Stream Bend	15
155	194 468	Spur	20
157	201 479	Knoll	30
159	205 395	Re-entrant	20
164	211 378	Knoll East Side	15
163	214 446	Stream Junction	20
161	218 427	Re-entrant	10
166	228 399	Dry Lochan East Edge	20
167	239 463	Stream Bend	30
168	240 378	Re-entrant	20
169	250 402	Lochan East End	10
170	251 434	Stream Bend	10
172	264 461	Stream Junction	30
173	273 444	Stream Bend	15
174	276 386	Lochan	40
			<b>540</b>

Navigate to Bridge (N Side) FINISH - 164 383

Visit as many checkpoints as you wish in any order. Score as many points as possible. Penalty is 2 points per minute or every part minute late. Report any damage. You must report & hand in SI card at finish even if you retire.

**Low Alpine Mountain Marathon 2012**  
**SCORE DAY 2 (6 HOURS, ANY ORDER)**

Code	Grid Ref	Description	Pts	Closes
	165 383	Start		
111	083 307	Summit	40	
112	087 321	Stream Bend	30	
115	094 283	Summit	50	
117	123 297	Stream Bend North Side	15	
119	127 322	Stream Junction	20	
123	144 296	Crossing Point	10	
126	146 338	Col	20	
133	161 299	Stream Bend	10	
134	161 339	Knoll	10	
135	163 308	Between Knolls	10	
138	168 361	Stream Junction	10	
145	173 326	Track Junction	10	
146	179 313	Stream Junction	10	
150	185 363	Lochan, West End	15	
151	185 399	Bridge (NOT Unmapped Suspension Bridge)	10	09:00
153	190 328	Stream Junction	10	
154	194 306	Stream Bend	25	
158	204 375	Re-entrant	15	
159	205 395	Re-entrant	15	
160	210 336	Stream Fence Junction	10	
162	214 352	Re-entrant	25	
166	228 399	Dry Lochan East Edge	25	12:00
168	240 378	Re-entrant	10	
171	255 391	Knoll	40	
			<b>445</b>	

Navigate to FINISH - 153 304

Visit as many checkpoints as you wish in any order. Score as many points as possible. Penalty is 2 points per minute or every part minute late. Report any damage. You must report & hand in SI card at finish even if you retire.  
**COURSES CLOSE 16:00 YOU MUST BE BACK BY THEN**